



Autumn Menu 3

WEEKS COMMENCING: 20th Sep/ 11th Oct/ 8th Nov/ 29th Nov



MEAT FREE MONDAY

OPTION 1 - Tomato and Mozzarella Pizza

OPTION 2 - Baked Vegetable Pasta

SERVED WITH - Baked Garlic Wedges, Peas and Sweetcorn

OPTION 3 - Jacket Potato - Choice of 2 toppings served with carrot and cucumber

DESSERT - Fresh Fruit and Salad

TUESDAY

OPTION 1 - Beef and Onion Pie

OPTION 2 - Sweet Potato and Lentil Curry



SERVED WITH - Rice, Root Vegetable Puree and Mashed Potatoes

OPTION 3 - Jacket Potato - Choice of 2 toppings served with carrot and cucumber

DESSERT - Chocolate Brownie

WEDNESDAY

OPTION 1 - Lincolnshire Hotdog

OPTION 2 - Tomato and Rice Patties



SERVED WITH - Carrot and Peas Medley and Sauté Potatoes

OPTION 3 - Jacket Potato - Choice of 2 toppings served with carrot and cucumber

DESSERT - Cherry Sponge

THURSDAY

OPTION 1 - Roast Chicken Breast

OPTION 2 - Vegetable Lasagne



SERVED WITH - Roast Potatoes, Seasonal Vegetables and Sage and Onion Stuffing Ball

OPTION 3 - Jacket Potato - Choice of 2 toppings served with carrot and cucumber

DESSERT - Mixed Berry Crumble

FRIDAY

OPTION 1 - Homemade Fish Fingers

OPTION 2 - Loaded Potato Skins



SERVED WITH - Baked Herby Wedges and Garden Peas

OPTION 3 - Jacket Potato - Choice of 2 toppings served with carrot and cucumber

DESSERT - Baked Rice Pudding and Fruit Compote

ALSO AVAILABLE
Salad Bar (except Thursday)
Fresh Fruit
Yoghurt
& Freshly Baked
Wholemeal Bread

