



Summer Menu 3

WEEKS COMMENCING: 19th April / 10th May / 21st June / 12th July



MEAT FREE MONDAY

OPTION 1 - Sweet and Sour Quorn

OPTION 2 - Vegetable Frittata 

SERVED WITH - Wholegrain Rice / Carrot and Pea Medley

OPTION 3 - Jacket Potato - Choose between 2 toppings served with carrot and cucumber

DESSERT 1 - Syrup Sponge

TUESDAY

OPTION 1 - Lincolnshire Hot Dog 

OPTION 2 - Broccoli and Tomato Pasta Bake

SERVED WITH - Seasonal Vegetables / Sauté Potatoes

OPTION 3 - Jacket Potato - Choose between 2 toppings served with carrot and cucumber

DESSERT 1 - Fruit Flapjack

WEDNESDAY

OPTION 1 - Beef Lasagne 

OPTION 2 - Roasted Vegetable Stroganoff

SERVED WITH - Garlic Bread / Garden Peas / Coleslaw

OPTION 3 - Jacket Potato - Choose between 2 toppings served with carrot and cucumber

DESSERT 1 - Apple and Berry Crumble with Custard

THURSDAY

OPTION 1 - Baked Gammon Ham 

OPTION 2 - Lentil and Vegetable Burger

SERVED WITH - Roasted Potatoes / Seasonal Vegetables

OPTION 3 - Jacket Potato - Choose between 2 toppings served with carrot and cucumber

DESSERT 1 - Fresh Fruit Salad

FRIDAY

OPTION 1 - Salmon and Sweet Potato Fish Cake

OPTION 2 - Baked Cauliflower Cheese 

SERVED WITH - Baked Herby Wedges / Baked Beans

OPTION 3 - Jacket Potato - Choose between 2 toppings served with carrot and cucumber

DESSERT 1 - Cherry and Ginger Sponge

ALSO AVAILABLE

Fresh Fruit

Yoghurt

&

Freshly Baked Wholemeal Bread

