

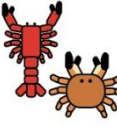
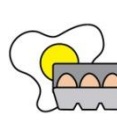
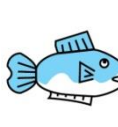
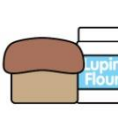



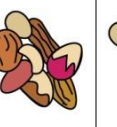
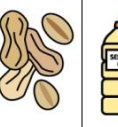
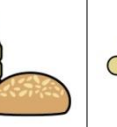
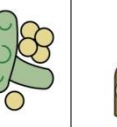




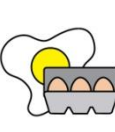












# DISHES AND THEIR ALLERGEN CONTENT

DISHES														
Week 1	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegetarian Bolognese				X										
Pitta Bread with Roasted Vegetables		X												
Wholegrain Spaghetti		X												
Apple and Pear Crumble		X												
Meat and Potato Pie		X					X							
Mixed Bean Enchiladas		X					X							
Jam and Coconut Sponge		X		X			X							
Vegetarian Meat Balls		X		X										
Wholemeal Pasta		X												
Roasted Vegetable Lasagne		X					X							
Pineapple Upside Down Cake		X		X			X							

DISHES														
Cod cooked in Tomato sauce					X									
Sticky Toffee Pudding		X		X			X							
Beef Burger in Pitta		X												

Review date:

Reviewed by:



You can find this template, including more information at [www.food.gov.uk/allergy](http://www.food.gov.uk/allergy)