



# Autumn Menu 3

WEEKS COMMENCING: 31/08/2020, 21/09/2020, 12/10/2020, 02/11/2020,  
23/11/2020, 14/12/2020



## MEAT FREE MONDAY

**OPTION 1 - Vegetable Frittata**

**OPTION 2 - Cheesy Rice Patties**

**SERVED WITH - Seasonal Vegetables**

**OPTION 3 - Jacket Potato - Choose between 2 toppings**

**DESSERT 1 - Mandarin Sponge**



## TUESDAY

**OPTION 1 - Lincolnshire Hot Dog**

**OPTION 2 - Butternut Squash Risotto**

**SERVED WITH - Baked Sweet Potato Wedges**

**OPTION 3 - Jacket Potato - Choose between 2 toppings**

**DESSERT 1 - Fresh Fruit Salad**



## WEDNESDAY

**OPTION 1 - Chicken Curry**

**OPTION 2 - Broccoli and Pesto Pasta**

**SERVED WITH - Savoury Rice & Naan Bread**

**OPTION 3 - Jacket Potato - Choose between 2 toppings**

**DESSERT 1 - Ginger Cake**



## THURSDAY

**OPTION 1 - Baked Gammon Ham**

**OPTION 2 - Vegetable Enchiladas**

**SERVED WITH - Roast Potatoes & Seasonal Vegetables**

**OPTION 3 - Jacket Potato - Choose between 2 toppings**

**DESSERT 1 - Fruit Trifle**



## FRIDAY

**OPTION 1 - Poached Cod Fillet topped with a Cheese Sauce**

**OPTION 2 - Vegetarian Meatballs**

**SERVED WITH - Mixed Bell Pepper and Garden Peas**

**OPTION 3 - Jacket Potato - Choose between 2 toppings**

**DESSERT 1 - Apple Apricot Crumble**



**ALSO AVAILABLE**  
**Salad Bar (not Thurs)**  
**Fresh Fruit**  
**Yoghurt**  
**Freshly Baked**  
**Wholemeal Bread**

